

25 CARREIRA POPULAR DO GUNDIÁN

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
1	1	226	RIOBO VILLANUEVA , VICTOR	MALE	CAT E MASC	MILER RUNNING CLUB	00:13:18.157		03:20 min/Km
2	2	89	DIZ DIAZ , RUBÉN	MALE	CAT E MASC	SOCIEDADE GIMNÁSTICA DE PONTEVEDRA	00:13:21.907	+00:00:03.750	03:21 min/Km
3	3	82	COSTA , NUNO FILIPE	MALE	CAT E MASC		00:13:31.587	+00:00:13.430	03:23 min/Km
4	4	93	ESSAADAOU , AKKA	MALE	CAT E MASC	SG PONTEVEDRA	00:13:57.507	+00:00:39.350	03:30 min/Km
5	1	4	ALONSO CAMPO , DIEGO	MALE	CAT C MASC		00:14:11.667	+00:00:53.510	03:33 min/Km
6	5	199	PENA TORREIRA , AMADOR	MALE	CAT E MASC	CLUB DEPORTIVO VAGALUME ENERGIA	00:14:15.867	+00:00:57.710	03:34 min/Km
7	1	174	MONTEAGUDO LAGO , PABLO	MALE	CAT D MASC	CLUB ATLETISMO NOIA	00:14:19.767	+00:01:01.610	03:35 min/Km
8	6	46	CANDA LOUZA , JOSE	MALE	CAT E MASC	AZERVAÑAN	00:14:25.327	+00:01:07.170	03:37 min/Km
9	1	25	BARROS GONZÁLEZ , ABEL	MALE	CAT F MASC	ATLETISMO +9 MORAÑA	00:14:31.327	+00:01:13.170	03:38 min/Km
10	7	143	LOJO , JOSE	MALE	CAT E MASC		00:14:33.707	+00:01:15.550	03:39 min/Km
11	2	207	PESADO FERNÁNDEZ , ALEJANDRO	MALE	CAT F MASC	INDEPENDIENTE	00:14:40.057	+00:01:21.900	03:41 min/Km
12	8	71	CASTRO SANTOS , IGNACIO	MALE	CAT E MASC	CLUB ATLETISMO SANTIAGO	00:14:44.097	+00:01:25.940	03:42 min/Km
13	9	133	IGLESIAS MACEIRA , BRAIS	MALE	CAT E MASC	TRIATLON ARCADE INFORHOUSE	00:14:45.827	+00:01:27.670	03:42 min/Km
14	10	248	SÁNCHEZ LÓPEZ , FRANCISCO JOSÉ	MALE	CAT E MASC		00:14:51.367	+00:01:33.210	03:43 min/Km
15	11	189	OTERO REY , MIGUEL	MALE	CAT E MASC	CELTA ATLETISMO	00:14:57.187	+00:01:39.030	03:45 min/Km
16	1	167	MAYOBRE GONZALEZ , PAULAMAYOBRE	FEMALE	CAT E FEM		00:14:57.567	+00:01:39.410	03:45 min/Km
17	12	102	FERNANDEZ RODRIGUES , JUAN PABLO	MALE	CAT E MASC	ATLETISMO SANTIAGO	00:15:00.697	+00:01:42.540	03:46 min/Km
18	3	40	BUJAN OTERO , JOSE CARLOS	MALE	CAT F MASC		00:15:01.927	+00:01:43.770	03:46 min/Km
19	2	65	CASTRO HERMIDA , BORJA	MALE	CAT D MASC	CLUB ATLETISMO SANTIAGO	00:15:07.207	+00:01:49.050	03:47 min/Km
20	13	188	OTERO PAMPIN , DARÍO MANUEL	MALE	CAT E MASC	CT O TREITO	00:15:10.397	+00:01:52.240	03:48 min/Km
21	14	221	REQUEIJO REQUEIJO , SERGIO	MALE	CAT E MASC	AZERVAÑAN	00:15:13.787	+00:01:55.630	03:49 min/Km
22	15	224	REY VALLADARES , MANUEL	MALE	CAT E MASC	CLUB ATLETISMO A ESTRADA	00:15:22.357	+00:02:04.200	03:51 min/Km
23	16	58	CARRETERO SANCHEZ , LUCIANO	MALE	CAT E MASC		00:15:28.277	+00:02:10.120	03:53 min/Km
24	4	244	SALVADO TEJEDOR , ROBERTO	MALE	CAT F MASC	ACADE (ASOCIACIÓN CANS DEPORTISTAS)	00:15:34.287	+00:02:16.130	03:54 min/Km
25	17	14	ARIAS ALVAREZ , HUGO	MALE	CAT E MASC	CDM XESTEIRAS	00:15:36.407	+00:02:18.250	03:55 min/Km
26	5	205	PÉREZ RODRÍGUEZ , JAVIER	MALE	CAT F MASC	C.D. PINARIUM	00:15:45.457	+00:02:27.300	03:57 min/Km
27	6	181	NEIRA , DANIEL	MALE	CAT F MASC	INDEPENDIENTE	00:15:49.387	+00:02:31.230	03:58 min/Km
28	3	238	ROSENDE SAEZ , MARCOS	MALE	CAT D MASC	LUCUS CAIXA RURAL	00:15:52.327	+00:02:34.170	03:59 min/Km
29	2	285	VIEIRO PEREZ , ROBERTO	MALE	CAT C MASC	CLUB ATLETISMO MILLARAIO	00:16:02.107	+00:02:43.950	04:01 min/Km
30	7	288	VILLAR RODRIGUEZ , RICARDO	MALE	CAT F MASC	NOITEBRA FC	00:16:06.097	+00:02:47.940	04:02 min/Km
31	8	236	ROSENDE BREA , JOSE	MALE	CAT F MASC	ATLETISMO A ESTRADA	00:16:12.437	+00:02:54.280	04:04 min/Km
32	18	130	IGLESIAS AMORES , MIGUEL	MALE	CAT E MASC	C.D. PINARIUM	00:16:14.407	+00:02:56.250	04:04 min/Km
33	9	11	ANDRADE GARCIA , JULIO	MALE	CAT F MASC		00:16:17.007	+00:02:58.850	04:05 min/Km

25 CARREIRA POPULAR DO GUNDIÁN

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
34	19	212	PORTO ALVAREZ , ANTONIO	MALE	CAT E MASC		00:16:18.477	+00:03:00.320	04:05 min/Km
35	20	190	OTERO RODRÍGUEZ , MARCOS	MALE	CAT E MASC	CLUB ATLETISMO A ESTRADA	00:16:18.857	+00:03:00.700	04:05 min/Km
36	21	19	BAO CASTRO , OSCAR	MALE	CAT E MASC	INDEPENDIENTE	00:16:22.317	+00:03:04.160	04:06 min/Km
37	10	42	CAJARAVILLE ARAÚJO , HÉCTOR	MALE	CAT F MASC		00:16:23.147	+00:03:04.990	04:06 min/Km
38	11	120	GARCIA IGLESIAS , JESUS	MALE	CAT F MASC	INDEPENDIENTE	00:16:25.537	+00:03:07.380	04:07 min/Km
39	22	70	CASTRO PRADO , FERNANDO	MALE	CAT E MASC		00:16:25.817	+00:03:07.660	04:07 min/Km
40	2	265	SUAREZ PEDROSA , RAQUEL	FEMALE	CAT E FEM	RIA DE FERROL	00:16:28.537	+00:03:10.380	04:08 min/Km
41	23	277	VALLE LOPEZ , OSCAR	MALE	CAT E MASC	NOITEBRA FC	00:16:34.647	+00:03:16.490	04:09 min/Km
42	3	206	PÉREZ RODRÍGUEZ , SARA	FEMALE	CAT E FEM	COMESAÑA SPORTING CLUB	00:16:43.767	+00:03:25.610	04:11 min/Km
43	24	112	FRAGA ADRIO , CARLOS	MALE	CAT E MASC		00:16:48.897	+00:03:30.740	04:13 min/Km
44	25	131	IGLESIAS CASAL , RICARDO	MALE	CAT E MASC	NOITEBRA FC	00:16:58.367	+00:03:40.210	04:15 min/Km
45	26	208	PICALLO MATO , ADRIÁN	MALE	CAT E MASC	CLUB DEPORTIVO SAN PAIO	00:17:01.727	+00:03:43.570	04:16 min/Km
46	12	154	LUENGO DELGADO , PABLO	MALE	CAT F MASC	CLUB ATLETISMO A ESTRADA	00:17:04.107	+00:03:45.950	04:17 min/Km
47	13	165	MARTÍNEZ SILVEIRA , LUIS	MALE	CAT F MASC	CDM "A CAMELIA"	00:17:05.363	+00:03:47.206	04:17 min/Km
48	14	33	BREA SÁNCHEZ , SANTIAGO	MALE	CAT F MASC		00:17:07.657	+00:03:49.500	04:17 min/Km
49	3	126	GÓMEZ REY , NICOLÁS	MALE	CAT C MASC	CLUB ATLETISMO A ESTRADA	00:17:11.307	+00:03:53.150	04:18 min/Km
50	27	38	BUGALLO FERNANDEZ , ANGEL	MALE	CAT E MASC	CLUB DEPORTIVO SAN PAIO	00:17:12.997	+00:03:54.840	04:19 min/Km
51	15	109	FIGUEIRA , TOÑO	MALE	CAT F MASC	SD BARANTIA RODA	00:17:15.377	+00:03:57.220	04:19 min/Km
52	16	56	CARRACEDO CARBAJAL , MANUEL ANGEL	MALE	CAT F MASC	CLUB ATLETISMO A ESTRADA	00:17:17.777	+00:03:59.620	04:20 min/Km
53	28	61	CASAL , MARCOS	MALE	CAT E MASC	INDEPENDIENTE	00:17:22.387	+00:04:04.230	04:21 min/Km
54	29	172	MIGUEZ AMADO , JUAN ANTONIO	MALE	CAT E MASC	INDEPENDIENTE	00:17:27.003	+00:04:08.846	04:22 min/Km
55	4	107	FERREIRO RIAL , RUBÉN	MALE	CAT D MASC	CLUB DEPORTIVO VAGALUME ENERGIA	00:17:27.967	+00:04:09.810	04:22 min/Km
56	17	145	LÓPEZ VILLAVERDE , JESÚS	MALE	CAT F MASC		00:17:31.067	+00:04:12.910	04:23 min/Km
57	18	21	BARRAL SANCHEZ , JESUS	MALE	CAT F MASC		00:17:33.097	+00:04:14.940	04:24 min/Km
58	30	264	SUÁREZ GIADÁS , JAVIER	MALE	CAT E MASC		00:17:38.607	+00:04:20.450	04:25 min/Km
59	31	250	SANÍN FANDIÑO , ADRIÁN	MALE	CAT E MASC		00:17:41.367	+00:04:23.210	04:26 min/Km
60	19	99	FERNÁNDEZ IGLESIAS , CARLOS JOSÉ	MALE	CAT F MASC	CLUB ATLETISMO FONTES DO SAR	00:17:42.747	+00:04:24.590	04:26 min/Km
61	32	270	TOBIO GOMEZ , FERNANDO	MALE	CAT E MASC		00:17:44.127	+00:04:25.970	04:27 min/Km
62	33	47	CANICOBA , SANTI	MALE	CAT E MASC	CLUB ATLETISMO FONTES DO SAR	00:17:53.947	+00:04:35.790	04:29 min/Km
63	34	87	DAPENA VILLAVERDE , SANTI	MALE	CAT E MASC	CLUB DEPORTIVO SAN PAIO	00:17:56.407	+00:04:38.250	04:30 min/Km
64	20	110	FIGUEIRAS BLANCO , SECHO	MALE	CAT F MASC		00:18:00.837	+00:04:42.680	04:31 min/Km
65	21	35	BREY MATO , ROBERTO	MALE	CAT F MASC		00:18:11.497	+00:04:53.340	04:33 min/Km
66	35	219	REBOREDO DURÁN , ALBERTO	MALE	CAT E MASC	CLUB DEPORTIVO SAN PAIO	00:18:12.477	+00:04:54.320	04:34 min/Km
67	4	194	PAMPIN RENDO , MANUEL	MALE	CAT C MASC		00:18:15.047	+00:04:56.890	04:34 min/Km

25 CARREIRA POPULAR DO GUNDIÁN

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
68	22	274	UZAL MIRAMONTES , JESUS	MALE	CAT F MASC		00:18:19.187	+00:05:01.030	04:35 min/Km
69	1	242	SAEZ , ISABEL	FEMALE	CAT F FEM	ATLETISMO A ESTRADA	00:18:20.927	+00:05:02.770	04:36 min/Km
70	36	271	TORRES RIVAS , CARLOS	MALE	CAT E MASC	ATLETISMO A ESTRADA	00:18:23.097	+00:05:04.940	04:36 min/Km
71	23	20	BARRAL LAGO , ANTONIO	MALE	CAT F MASC	INDEPENDIENTE	00:18:25.057	+00:05:06.900	04:37 min/Km
72	37	132	IGLESIAS FERNÁNDEZ , LUIS MIGUEL	MALE	CAT E MASC	INDEPENDIENTE	00:18:32.137	+00:05:13.980	04:39 min/Km
73	5	252	SANÍN SÁNCHEZ , DANIEL	MALE	CAT C MASC	INDEPENDIENTE	00:18:35.557	+00:05:17.400	04:39 min/Km
74	24	1	ABEL SUÁREZ , JOSÉ RAMÓN	MALE	CAT F MASC	NOITEBRA FC	00:18:36.487	+00:05:18.330	04:40 min/Km
75	5	29	BERTUSSI LORENZO , ALESSANDRO	MALE	CAT D MASC	ATLETISMO SANTIAGO	00:18:36.647	+00:05:18.490	04:40 min/Km
76	38	177	MUNDO GARCÍA , DAVID	MALE	CAT E MASC	INDEPENDIENTE	00:18:38.617	+00:05:20.460	04:40 min/Km
77	25	115	GARCÍA MARTINEZ , EVARISTO	MALE	CAT F MASC	ATLETISMO SAR-VERMU PETRONI.	00:18:41.317	+00:05:23.160	04:41 min/Km
78	39	95	FEIJOO GARCIA , XURXO	MALE	CAT E MASC	CLUB ATLETISMO FONTES DO SAR	00:18:42.287	+00:05:24.130	04:41 min/Km
79	26	169	MENDEZ FROJAN , XAIÑO	MALE	CAT F MASC	SAR PETRONI	00:18:45.017	+00:05:26.860	04:42 min/Km
80	40	155	MAGAN CARAMES , JONATHAN	MALE	CAT E MASC	CLUB DEPORTIVO SAN PAIO	00:18:50.067	+00:05:31.910	04:43 min/Km
81	41	28	BERNARDEZ GOMEZ , RUBEN	MALE	CAT E MASC	INDEPENDIENTE	00:18:51.737	+00:05:33.580	04:43 min/Km
82	27	101	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	CAT F MASC	INDEPENDIENTE	00:18:52.827	+00:05:34.670	04:44 min/Km
83	42	150	LOUREIRO ARES , JORGE	MALE	CAT E MASC		00:18:53.707	+00:05:35.550	04:44 min/Km
84	6	116	GARCÍA ALBELA , ALBERTO	MALE	CAT D MASC	INDEPENDIENTE	00:18:55.197	+00:05:37.040	04:44 min/Km
85	6	60	CARRILLO CREGO , MARTÍN	MALE	CAT C MASC	INDEPENDIENTE	00:18:56.077	+00:05:37.920	04:45 min/Km
86	43	147	LORENZO CORRAL , FERNANDO	MALE	CAT E MASC	INDEPENDIENTE	00:18:56.197	+00:05:38.040	04:45 min/Km
87	28	204	PÉREZ GONZÁLEZ , MANUEL	MALE	CAT F MASC	COMESAÑA SPORTING CLUB	00:18:57.337	+00:05:39.180	04:45 min/Km
88	1	215	PRIETO PAZOS , ANTIA	FEMALE	CAT C FEM	CLUB ATLETISMO A ESTRADA	00:18:58.347	+00:05:40.190	04:45 min/Km
89	44	111	FLORES GARCÍA , JESUS	MALE	CAT E MASC	ATLETISMO A ESTRADA	00:19:01.587	+00:05:43.430	04:46 min/Km
90	45	179	NEBRA GONZÁLEZ , FERNANDO	MALE	CAT E MASC		00:19:02.337	+00:05:44.180	04:46 min/Km
91	29	153	LUEIRO ABUIN , JOSÉ MANUEL	MALE	CAT F MASC		00:19:04.747	+00:05:46.590	04:47 min/Km
92	46	22	BARREIRO LOPEZ , RAFA	MALE	CAT E MASC		00:19:07.387	+00:05:49.230	04:47 min/Km
93	47	43	CALVO FERNANDEZ , JOSE IGNACIO	MALE	CAT E MASC	CLUB ATLETICO BERTAMIRANS	00:19:10.627	+00:05:52.470	04:48 min/Km
94	48	279	VARELA MARTINEZ , ANGEL	MALE	CAT E MASC	CLUB ATLETISMO DUBRA	00:19:11.297	+00:05:53.140	04:48 min/Km
95	49	119	GARCÍA FERNÁNDEZ , LUIS ALBERTO	MALE	CAT E MASC		00:19:12.727	+00:05:54.570	04:49 min/Km
96	50	175	MONTENEGRO GÓMEZ , DAVID	MALE	CAT E MASC	CLUB DEPORTIVO SAN PAIO	00:19:24.177	+00:06:06.020	04:52 min/Km
97	7	171	MERA SOUTO , ALEJANDRO	MALE	CAT C MASC		00:19:26.787	+00:06:08.630	04:52 min/Km
98	51	281	VAZQUEZ AMOR , EDUARDO	MALE	CAT E MASC	INDEPENDIENTE	00:19:27.267	+00:06:09.110	04:52 min/Km
99	52	247	SANCHEZ LÓPEZ , ANTONIO	MALE	CAT E MASC		00:19:28.137	+00:06:09.980	04:53 min/Km
100	4	261	SEOANE OTERO , NATALIA	FEMALE	CAT E FEM		00:19:28.677	+00:06:10.520	04:53 min/Km
101	30	134	IGLESIAS SUAREZ , JUAN MIGUEL	MALE	CAT F MASC		00:19:35.057	+00:06:16.900	04:54 min/Km

25 CARREIRA POPULAR DO GUNDIÁN

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
102	2	104	FERREIRO ALVAREZ , IREA	FEMALE	CAT C FEM	CLUB ATLETISMO A ESTRADA	00:19:35.227	+00:06:17.070	04:54 min/Km
103	31	275	VALIÑO CEREIJO , JOSE MANUEL	MALE	CAT F MASC	INDEPENDIENTE	00:19:36.287	+00:06:18.130	04:55 min/Km
104	53	152	LOZANO NÚÑEZ , IAGO	MALE	CAT E MASC	INDEPENDIENTE	00:19:39.317	+00:06:21.160	04:55 min/Km
105	7	255	SANJURJO NEVES , JUAN	MALE	CAT D MASC	INDEPENDIENTE	00:19:41.887	+00:06:23.730	04:56 min/Km
106	54	160	MARTÍNEZ FERNÁNDEZ , RICARDO	MALE	CAT E MASC	INDEPENDIENTE	00:19:55.067	+00:06:36.910	04:59 min/Km
107	55	232	RODRÍGUEZ COLLAZO , CRISTÓBAL	MALE	CAT E MASC		00:19:56.407	+00:06:38.250	04:60 min/Km
108	8	254	SANJUAS CASAL , SERGIO	MALE	CAT C MASC	INDEPENDIENTE	00:19:59.967	+00:06:41.810	04:60 min/Km
109	32	117	GARCIA CURROS , DAVID	MALE	CAT F MASC	CLUB ESCOLA ATLETISMO DEZA	00:20:08.227	+00:06:50.070	05:03 min/Km
109	32	218	RAÑA PLATAS , JESÚS	MALE	CAT F MASC	USC UNIVERSIDAD SANTIAGO	00:20:08.227	+00:06:50.070	05:03 min/Km
111	34	7	ÁLVAREZ BLANCO , FRANCISCO JAVIER	MALE	CAT F MASC		00:20:08.377	+00:06:50.220	05:03 min/Km
112	35	124	GARCIA RENDO , MANUEL	MALE	CAT F MASC		00:20:11.757	+00:06:53.600	05:03 min/Km
113	36	227	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	CAT F MASC		00:20:15.827	+00:06:57.670	05:04 min/Km
114	5	86	COUTO TEJO , ANA MARÍA	FEMALE	CAT E FEM	INDEPENDIENTE	00:20:17.967	+00:06:59.810	05:05 min/Km
115	1	44	CANCELA MARTINEZ , ANDREA	FEMALE	CAT D FEM	ATLETICA A SILVA	00:20:20.847	+00:07:02.690	05:06 min/Km
116	56	286	VILAR VAZQUEZ , JOSE FRANCISCO	MALE	CAT E MASC		00:20:21.887	+00:07:03.730	05:06 min/Km
117	6	237	ROSENDE SAEZ , LAURA	FEMALE	CAT E FEM	CORUÑA COMARCA	00:20:24.327	+00:07:06.170	05:07 min/Km
118	37	48	CANICOPA CARPINTEIRO , JESUS	MALE	CAT F MASC		00:20:28.297	+00:07:10.140	05:08 min/Km
119	2	59	CARRIL BOO , CRISTINA	FEMALE	CAT F FEM	CLUB DEPORTIVO VAGALUME ENERGIA	00:20:31.527	+00:07:13.370	05:08 min/Km
120	9	34	BREY COUTO , RODRIGO	MALE	CAT C MASC	CLUB ATLETISMO A ESTRADA	00:20:32.767	+00:07:14.610	05:09 min/Km
121	57	6	ALVARELLOS BARREIRO , JUAN JOSE	MALE	CAT E MASC		00:20:35.787	+00:07:17.630	05:09 min/Km
122	58	32	BOTANA MOSQUERA , JUAN LUIS	MALE	CAT E MASC		00:20:36.647	+00:07:18.490	05:10 min/Km
123	59	225	RICO REY , DAVID	MALE	CAT E MASC	INDEPENDIENTE	00:20:38.687	+00:07:20.530	05:10 min/Km
124	7	231	RODRIGUEZ BERNÁRDEZ , OLIVIA	FEMALE	CAT E FEM		00:20:40.917	+00:07:22.760	05:11 min/Km
125	60	223	REY IGLESIAS , FERNANDO	MALE	CAT E MASC		00:20:41.907	+00:07:23.750	05:11 min/Km
126	61	5	ALONSO NODAR , FERNANDO	MALE	CAT E MASC		00:20:42.497	+00:07:24.340	05:11 min/Km
127	62	24	BARROS ARAUXO , MANUEL	MALE	CAT E MASC	INDEPENDIENTE	00:20:52.847	+00:07:34.690	05:14 min/Km
128	38	200	PENEDO SALGADO , AGUSTIN	MALE	CAT F MASC		00:20:58.437	+00:07:40.280	05:15 min/Km
129	39	97	FERNANDEZ BOQUETE , JUAN CARLOS	MALE	CAT F MASC		00:21:00.097	+00:07:41.940	05:16 min/Km
130	63	230	RODRIGUEZ BERNARDEZ , ELOY	MALE	CAT E MASC	INDEPENDIENTE	00:21:01.123	+00:07:42.966	05:16 min/Km
131	64	9	ÁLVAREZ JORGE , MOISÉS	MALE	CAT E MASC		00:21:02.057	+00:07:43.900	05:16 min/Km
132	65	36	BREY QUINTELA , FERNANDO	MALE	CAT E MASC		00:21:04.837	+00:07:46.680	05:17 min/Km
133	66	8	ÁLVAREZ EDREIRA , BRIAN	MALE	CAT E MASC		00:21:10.187	+00:07:52.030	05:18 min/Km
134	3	66	CASTRO HERMIDA , IRIA	FEMALE	CAT C FEM	CLUB ATLETISMO MILLARAIO	00:21:10.717	+00:07:52.560	05:18 min/Km
135	40	239	ROSENDE SEOANE , JOSE MANUEL	MALE	CAT F MASC	CLUB ATLETISMO FONTES DO SAR	00:21:12.067	+00:07:53.910	05:19 min/Km

25 CARREIRA POPULAR DO GUNDIÁN

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
136	4	228	RIVADULLA MATALOBOS , CAROLINA	FEMALE	CAT C FEM	CLUB ATLETISMO A ESTRADA	00:21:15.997	+00:07:57.840	05:19 min/Km
137	67	90	DOMÍNGUEZ GAGO , RICARDO	MALE	CAT E MASC		00:21:16.437	+00:07:58.280	05:20 min/Km
138	8	257	SANTASMARINAS SANTASMARINAS , LUIS	MALE	CAT D MASC	INDEPENDIENTE	00:21:26.077	+00:08:07.920	05:22 min/Km
139	68	269	TEIXEIRA RUA , LUIS CARLOS	MALE	CAT E MASC	INDEPENDIENTE	00:21:27.207	+00:08:09.050	05:22 min/Km
140	41	129	HERMIDA PEREIRO , TOÑO	MALE	CAT F MASC	INDEPENDIENTE	00:21:28.517	+00:08:10.360	05:23 min/Km
141	69	186	OROSA BAO , PABLO	MALE	CAT E MASC	INDEPENDIENTE	00:21:29.477	+00:08:11.320	05:23 min/Km
142	42	256	SANMARTIN VIGO , VICENTE	MALE	CAT F MASC	URBAN RUNNERS SANTIAGO	00:21:30.357	+00:08:12.200	05:23 min/Km
143	70	251	SANIN SANCHEZ , ADRIAN	MALE	CAT E MASC	INDEPENDIENTE	00:21:33.637	+00:08:15.480	05:24 min/Km
144	10	62	CASAL REBOLO , PEDRO	MALE	CAT C MASC		00:21:35.607	+00:08:17.450	05:24 min/Km
145	8	184	NOGUEIRA BALSEIROS , EVIÑA	FEMALE	CAT E FEM	CLUB ATLETISMO A ESTRADA	00:21:37.147	+00:08:18.990	05:25 min/Km
146	71	180	NEGREIRA BARCIA , DANIEL	MALE	CAT E MASC	C.A.FONTES DO SAR	00:21:39.957	+00:08:21.800	05:25 min/Km
147	72	187	OTERO , SANTIAGO	MALE	CAT E MASC	INDEPENDIENTE	00:21:40.707	+00:08:22.550	05:26 min/Km
148	73	233	RODRIGUEZ FRAMIL , ALFONSO	MALE	CAT E MASC		00:21:49.557	+00:08:31.400	05:28 min/Km
149	3	146	LORENZO CHAO , BEATRIZ	FEMALE	CAT F FEM	INDEPENDIENTE	00:21:49.877	+00:08:31.720	05:28 min/Km
150	9	183	NODAR BOO , SHEILA MARIA	FEMALE	CAT E FEM		00:21:50.197	+00:08:32.040	05:28 min/Km
151	74	45	CANCELA REMUIÑAN , IVAN	MALE	CAT E MASC	CLUB ATLETISMO DUBRA	00:21:53.307	+00:08:35.150	05:29 min/Km
152	43	16	ASENSIO RAMIL , JOSE LUIS	MALE	CAT F MASC		00:21:56.027	+00:08:37.870	05:30 min/Km
153	4	106	FERREIRO REY , MARIA YOLANDA	FEMALE	CAT F FEM	INDEPENDIENTE	00:21:59.897	+00:08:41.740	05:30 min/Km
154	5	176	MORENO FERNÁNDEZ , MARGA	FEMALE	CAT F FEM	MOUSE SANTIAGO	00:22:01.937	+00:08:43.780	05:31 min/Km
155	2	137	JUNCAL SANJURJO , VANESSA	FEMALE	CAT D FEM	CLUB ATLETISMO SANTIAGO	00:22:06.047	+00:08:47.890	05:32 min/Km
156	11	193	PAMPIN RENDO , JOSE	MALE	CAT C MASC		00:22:19.717	+00:09:01.560	05:35 min/Km
157	10	37	BUENO GARCÍA , ROCÍO GUADALUPE	FEMALE	CAT E FEM	INDEPENDIENTE	00:22:24.347	+00:09:06.190	05:37 min/Km
158	75	27	BERNARDEZ CASTRO , MARIANO	MALE	CAT E MASC	INDEPENDIENTE	00:22:25.567	+00:09:07.410	05:37 min/Km
159	12	76	CESPON PIÑEIRO , LOIS	MALE	CAT C MASC		00:22:27.797	+00:09:09.640	05:37 min/Km
160	76	480	COBAS GARCA , FRANCISCP	MALE	CAT E MASC		00:22:27.810	+00:09:09.653	05:37 min/Km
161	11	84	COUTO MENDOZA , MAITE	FEMALE	CAT E FEM	CLUB ATLETISMO GALERAS	00:22:29.167	+00:09:11.010	05:38 min/Km
162	12	79	CONDE SANCHEZ , ESTEFANIA	FEMALE	CAT E FEM		00:22:31.947	+00:09:13.790	05:38 min/Km
163	77	260	SEOANE NIETO , GONZALO	MALE	CAT E MASC	INDEPENDIENTE	00:22:35.617	+00:09:17.460	05:39 min/Km
164	44	10	ÁLVAREZ RODRÍGUEZ , JOSÉ	MALE	CAT F MASC		00:22:44.667	+00:09:26.510	05:42 min/Km
165	5	214	PRIETO CAMPOS , EFI	FEMALE	CAT C FEM	CLUB ATLETISMO A ESTRADA	00:22:46.217	+00:09:28.060	05:42 min/Km
166	6	551	NOYA PEREZ , BELEN	FEMALE	CAT F FEM		00:22:49.207	+00:09:31.050	05:43 min/Km
167	45	142	LIÑARES MARTINEZ , JOSE IGNACIO	MALE	CAT F MASC	NOITEBRA FC	00:22:50.297	+00:09:32.140	05:43 min/Km
168	13	253	SANÍN SANCHEZ , LORENA	FEMALE	CAT E FEM	INDEPENDIENTE	00:22:54.997	+00:09:36.840	05:44 min/Km
169	7	272	TORRES TATO , MARINA	FEMALE	CAT F FEM	INDEPENDIENTE	00:22:56.527	+00:09:38.370	05:45 min/Km

25 CARREIRA POPULAR DO GUNDIÁN

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
170	46	75	CERNADAS MENDEZ , JUAN MANUEL	MALE	CAT F MASC		00:23:07.277	+00:09:49.120	05:47 min/Km
171	8	17	BALADO LOPEZ , CAROLINA	FEMALE	CAT F FEM	CLUB ESCOLA ATLETISMO DEZA	00:23:11.207	+00:09:53.050	05:48 min/Km
172	47	91	ENRIQUEZ BATAN , JOSE LUIS	MALE	CAT F MASC		00:23:11.297	+00:09:53.140	05:48 min/Km
173	9	140	LAREO RODRIGUEZ , RAQUEL	FEMALE	CAT F FEM	CLUB ESCOLA ATLETISMO DEZA	00:23:11.357	+00:09:53.200	05:48 min/Km
174	48	80	CONSTENLA JUNQUERA , ANTONIO OSCAR	MALE	CAT F MASC		00:23:25.977	+00:10:07.820	05:52 min/Km
175	78	282	VAZQUEZ JORGE , MANUEL	MALE	CAT E MASC		00:23:36.677	+00:10:18.520	05:55 min/Km
176	79	262	SEOANE PARDO , ROBERTO	MALE	CAT E MASC	CLUB ATLETISMO DUBRA	00:23:44.527	+00:10:26.370	05:57 min/Km
177	49	85	COUTO MUIÑA , JOSE MANUEL	MALE	CAT F MASC	INDEPENDIENTE	00:23:54.127	+00:10:35.970	05:59 min/Km
178	10	105	FERREIRO REY , Mª BEGOÑA	FEMALE	CAT F FEM		00:23:56.057	+00:10:37.900	05:60 min/Km
179	50	259	SEIJO RIVEIRO , SUSO	MALE	CAT F MASC	INDEPENDIENTE	00:23:59.577	+00:10:41.420	05:60 min/Km
180	51	103	FERNANDEZ RODRIGUEZ , JOSEH	MALE	CAT F MASC		00:24:01.637	+00:10:43.480	06:01 min/Km
181	11	41	BUJÁN OTERO , SUSANA	FEMALE	CAT F FEM	NOITEBRA FC	00:24:21.267	+00:11:03.110	06:06 min/Km
182	52	72	CASTRO SUAREZ , JUAN CARLOS	MALE	CAT F MASC	INDEPENDIENTE	00:24:26.847	+00:11:08.690	06:07 min/Km
183	14	276	VALLADARES MILLAN , LIDIA	FEMALE	CAT E FEM	INDEPENDIENTE	00:24:28.677	+00:11:10.520	06:08 min/Km
184	12	201	PENIDE ALLER , CELIA	FEMALE	CAT F FEM	INDEPENDIENTE	00:24:33.477	+00:11:15.320	06:09 min/Km
185	80	96	FEIJOO LAGO , JUAN CARLOS	MALE	CAT E MASC	INDEPENDIENTE	00:24:34.837	+00:11:16.680	06:09 min/Km
186	53	151	LOZANO ALVARIÑO , XOSÉ	MALE	CAT F MASC	INDEPENDIENTE	00:24:40.927	+00:11:22.770	06:11 min/Km
187	13	81	CORRAL PIÑEIRO , XURXO	MALE	CAT C MASC		00:25:05.237	+00:11:47.080	06:17 min/Km
188	15	63	CASTIÑEIRAS PEREIRA , RAQUEL	FEMALE	CAT E FEM		00:25:13.587	+00:11:55.430	06:19 min/Km
189	13	157	MARCANO CABRERA , MARTA	FEMALE	CAT F FEM	INDEPENDIENTE	00:25:40.277	+00:12:22.120	06:26 min/Km
190	16	202	PEREIRA LOUZAO , IRIA	FEMALE	CAT E FEM	INDEPENDIENTE	00:25:43.847	+00:12:25.690	06:26 min/Km
191	81	114	GAMALLO VILAR , JOSÉ RAMÓN	MALE	CAT E MASC	INDEPENDIENTE	00:25:44.767	+00:12:26.610	06:27 min/Km
192	9	136	JUAN FUENTES , MANUEL ALEJANDRO	MALE	CAT D MASC	INDEPENDIENTE	00:25:57.787	+00:12:39.630	06:30 min/Km
193	54	159	MARTINEZ CARRILLO , CARLOS	MALE	CAT F MASC	INDEPENDIENTE	00:25:57.937	+00:12:39.780	06:30 min/Km
194	55	229	RIVEIRA MARTINEZ , ANTONIO	MALE	CAT F MASC	CLUB DEPORTIVO VAGALUME ENERGIA	00:26:09.137	+00:12:50.980	06:33 min/Km
195	14	243	SALMONTE VARELA , ANGELES	FEMALE	CAT F FEM	CLUB DEPORTIVO VAGALUME ENERGIA	00:26:09.287	+00:12:51.130	06:33 min/Km
196	15	125	GARCIA RENDO , MERCEDES	FEMALE	CAT F FEM		00:26:26.267	+00:13:08.110	06:37 min/Km
197	82	55	CAROLLO FERNÁNDEZ , ÓSCAR	MALE	CAT E MASC	INDEPENDIENTE	00:26:29.347	+00:13:11.190	06:38 min/Km
198	16	552	IGLESIAS VILLANUEVA , LUISA	FEMALE	CAT F FEM	INDEPENDIENTE	00:26:32.387	+00:13:14.230	06:39 min/Km
199	17	128	GONZALEZ VILLA , MANOLI	FEMALE	CAT F FEM		00:26:40.147	+00:13:21.990	06:41 min/Km
200	6	164	MARTÍNEZ RUSO , ANDREA	FEMALE	CAT C FEM	CLUB ATLETISMO A ESTRADA	00:26:54.807	+00:13:36.650	06:44 min/Km
201	83	249	SANCHEZ LÓPEZ , MARCOS	MALE	CAT E MASC		00:26:58.287	+00:13:40.130	06:45 min/Km
202	17	148	LORENZO FUENTES , MARIA ISABEL	FEMALE	CAT E FEM	INDEPENDIENTE	00:27:00.627	+00:13:42.470	06:46 min/Km
203	84	57	CARRACEDO ESCARIZ , VICTOR	MALE	CAT E MASC	INDEPENDIENTE	00:27:00.747	+00:13:42.590	06:46 min/Km

25 CARREIRA POPULAR DO GUNDIÁN

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
204	7	138	LAMAS IGLESIAS , ALBA	FEMALE	CAT C FEM		00:27:30.097	+00:14:11.940	06:53 min/Km
204	18	168	MELLA COUTO , JESSICA	FEMALE	CAT E FEM	INDEPENDIENTE	00:27:30.097	+00:14:11.940	06:53 min/Km
206	56	170	MÉNDEZ NEIRA , GERARDO	MALE	CAT F MASC	INDEPENDIENTE	00:27:36.977	+00:14:18.820	06:55 min/Km
207	18	211	PIÑEIRO PEREZ , ROCIO	FEMALE	CAT F FEM		00:28:04.667	+00:14:46.510	07:02 min/Km
208	19	18	BALLESTEROS SILVA , MARTA	FEMALE	CAT E FEM		00:28:06.657	+00:14:48.500	07:02 min/Km
209	85	141	LATA VILLOCH , SANTIAGO	MALE	CAT E MASC		00:28:08.347	+00:14:50.190	07:03 min/Km
210	19	100	FERNÁNDEZ MATÍAS , ELENA	FEMALE	CAT F FEM	NOITEBRA FC	00:28:09.187	+00:14:51.030	07:03 min/Km
211	3	122	GARCIA PEITEADO , NOA	FEMALE	CAT D FEM		00:28:23.457	+00:15:05.300	07:06 min/Km
212	57	209	PIERA SANZ , JORGE	MALE	CAT F MASC	INDEPENDIENTE	00:28:25.457	+00:15:07.300	07:07 min/Km
213		550	PEREZ LUSTRES , MANUEL	MALE	NO CAT		00:29:59.087	+00:16:40.930	07:30 min/Km
214	58	162	MARTINEZ GARCIA , JUAN	MALE	CAT F MASC	INDEPENDIENTE	00:32:46.587	+00:19:28.430	08:12 min/Km
215	59	166	MARTINEZ SUAREZ , XESUS	MALE	CAT F MASC	INDEPENDIENTE	00:32:52.660	+00:19:34.503	08:14 min/Km
216	20	173	MIRAMONTES MIRÁS , SALOMÉ	FEMALE	CAT F FEM	INDEPENDIENTE	00:32:55.497	+00:19:37.340	08:14 min/Km
217	60	178	MUNIN CASTELAO , JESUS	MALE	CAT F MASC		00:33:49.227	+00:20:31.070	08:28 min/Km
218	86	51	CARBALLO GARRIDO , MARTIN	MALE	CAT E MASC	INDEPENDIENTE	00:33:51.937	+00:20:33.780	08:28 min/Km
219	61	139	LAMAS LOPEZ , JOSE LUIS	MALE	CAT F MASC		00:38:58.617	+00:25:40.460	09:45 min/Km