

30ª CARREIRA POPULAR GUNDIAN 2023

10/09/2023

- ABSOLUTA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CATEGORIA | META | META |
|------|--------|--------|--------------------------------|--------|-----------------|--|----------|
| 1 | 1 | 1 | ABAL CHAVES , AMADEO | MALE | CAT E MASCULINA | PLAYAS DE CASTELLÓN | 00:17:57 |
| 2 | 1 | 136 | PESADO FERNÁNDEZ , ALEJANDRO | MALE | CAT F MASCULINA | CLUB ATLETISMO O PINO | 00:18:18 |
| 3 | 2 | 149 | REQUEJO REQUEIJO , SERGIO | MALE | CAT E MASCULINA | ATLETISMO ARENTEIRO | 00:18:30 |
| 4 | 2 | 177 | VIEITES CARBALLO , MANUEL | MALE | CAT F MASCULINA | CLUB ATLETISMO CUNTIS | 00:19:07 |
| 5 | 1 | 13 | BALSA MORENO , RUBÉN | MALE | CAT D MASCULINA | CLUB TRIATLÓN COMPOSTELA | 00:19:11 |
| 6 | 3 | 159 | RODRIGUEZ GARCIA , DANIEL | MALE | CAT E MASCULINA | TRIATLON PC RÍAS BAIXAS | 00:19:24 |
| 7 | 4 | 124 | PARDO MONTERO , ALBERTO | MALE | CAT E MASCULINA | INDEPENDIENTE | 00:19:29 |
| 8 | 2 | 100 | MANEIRO TEIRA , DANIEL | MALE | CAT D MASCULINA | CLUB ATLETISMO O PINO | 00:19:33 |
| 9 | 3 | 152 | RIBÓ MIGUEL , LUCAS | MALE | CAT D MASCULINA | CLUB ATLETISMO SANTIAGO | 00:19:41 |
| 10 | 3 | 75 | GARCIA VAZQUEZ , EMILIO | MALE | CAT F MASCULINA | SDCOMPOSTELA | 00:19:46 |
| 11 | 1 | 96 | LORENZO FERREIRO , MARIO | MALE | CAT C MASCULINA | CD LA PURISIMA | 00:20:02 |
| 12 | 1 | 35 | CASTELO LÓPEZ , SABELA | FEMALE | CAT C FEMENINA | INDEPENDIENTE | 00:20:05 |
| 13 | 4 | 175 | VALLE LÓPEZ , ÓSCAR | MALE | CAT F MASCULINA | NOITEBRA | 00:20:11 |
| 14 | 4 | 88 | IGLESIAS TURNES , YAGO | MALE | CAT D MASCULINA | ATLETISMO NOIA | 00:20:16 |
| 15 | 5 | 84 | IGLESIAS AMORES , MIGUEL | MALE | CAT E MASCULINA | CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO | 00:20:17 |
| 16 | 6 | 138 | PICALLO MATO , ADRIÁN | MALE | CAT E MASCULINA | CLUB DEPORTIVO SAN PAIO | 00:20:24 |
| 17 | 5 | 9 | ANDRADE GARCÍA , JULIO | MALE | CAT F MASCULINA | | 00:20:30 |
| 18 | 6 | 156 | RODRÍGUEZ FERNÁNDEZ , JESÚS | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:20:41 |
| 19 | 7 | 7 | ÁLVAREZ JORGE , MOISÉS | MALE | CAT F MASCULINA | CDM VÉRTICE | 00:20:45 |
| 20 | 7 | 104 | MARQUE RUIBAL , JOSÉ ANTONIO | MALE | CAT E MASCULINA | CDM VÉRTICE | 00:20:50 |
| 21 | 8 | 65 | GARCIA IGLESIAS , JESUS | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:20:56 |
| 22 | 2 | 109 | MIGUENS SOLANA , MARTI | MALE | CAT C MASCULINA | | 00:21:04 |
| 23 | 3 | 19 | BOENTE TOUZA , HUGO | MALE | CAT C MASCULINA | | 00:21:11 |
| 24 | 9 | 180 | VILLAR RODRIGUEZ , RICARDO | MALE | CAT F MASCULINA | NOITEBRA | 00:21:16 |
| 25 | 1 | 146 | RAMOS TRASAR , INÉS | FEMALE | CAT E FEMENINA | CDM VÉRTICE | 00:21:30 |
| 26 | 8 | 154 | RIVAS , CARLOS | MALE | CAT E MASCULINA | INDEPENDIENTE | 00:21:32 |
| 27 | 10 | 44 | CUENCA GARCIA , FRANCISCO JOSE | MALE | CAT F MASCULINA | CLUB TRIATLÓN COMPOSTELA | 00:21:32 |

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|------|--------|--------|---------------------------------|--------|-----------------|--------------------------|----------|
| 28 | 11 | 4 | ALVAR LÓPEZ , PABLO | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:21:45 |
| 29 | 4 | 125 | PATIÑO RÍOS , JESÚS | MALE | CAT C MASCULINA | CLUB NATACION RIBEIRA | 00:21:49 |
| 30 | 12 | 163 | SALGUEIRO MATA , JOSE | MALE | CAT F MASCULINA | CDM VÉRTICE | 00:21:59 |
| 31 | 13 | 98 | LUENGO DELGADO , PABLO | MALE | CAT F MASCULINA | CLUB ATLETISMO A ESTRADA | 00:22:03 |
| 32 | 14 | 110 | MIGUEZ MIGUEZ , LUIS | MALE | CAT F MASCULINA | CASTROSUA TRAIL RUNNING | 00:22:10 |
| 33 | 15 | 145 | QUINTELA VÁZQUEZ , SUSO | MALE | CAT F MASCULINA | NOITEBRA | 00:22:16 |
| 34 | 5 | 135 | PEREIRA TAIBO , SERGIO | MALE | CAT C MASCULINA | CLUB OLÍMPICO DE VEDRA | 00:22:17 |
| 35 | 16 | 38 | CEPEDA GACIO , FRANCISCO JAVIER | MALE | CAT F MASCULINA | NOITEBRA | 00:22:30 |
| 36 | 9 | 105 | MARTINEZ RICO , BORJA | MALE | CAT E MASCULINA | CDM VÉRTICE | 00:22:37 |
| 37 | 17 | 147 | RAÑA RECOUSO , AMANCIO | MALE | CAT F MASCULINA | CLUB ATLETISMO TAMBRE | 00:22:39 |
| 38 | 1 | 131 | PEON SANTOME , LUCÍA | FEMALE | CAT F FEMENINA | ATLETISMO ARENTEIRO | 00:22:53 |
| 39 | 6 | 50 | EIRIZ PÉREZ , XÁBEL | MALE | CAT C MASCULINA | ATLETISMO +9 MORAÑA | 00:22:58 |
| 40 | 5 | 18 | BERNÁRDEZ PENIDE , CIBRÁN | MALE | CAT D MASCULINA | | 00:23:06 |
| 41 | 10 | 144 | QUINTEIRO BALBOA , PEDRO | MALE | CAT E MASCULINA | CDM VÉRTICE | 00:23:16 |
| 42 | 18 | 87 | IGLESIAS SUAREZ , JUAN MIGUEL | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:23:22 |
| 43 | 19 | 119 | NEGREIRA BARCIA , DANIEL | MALE | CAT F MASCULINA | ATLETISMO FONTES DO SAR | 00:23:28 |
| 44 | 20 | 141 | PORTO ALVAREZ , ANTONIO | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:23:30 |
| 45 | 11 | 115 | MOSQUERA VILLAVERDE , VALENTÍN | MALE | CAT E MASCULINA | | 00:23:31 |
| 46 | 21 | 74 | GARCÍA TORRE , MANUEL | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:23:44 |
| 47 | 7 | 85 | IGLESIAS BARROS , PEDRO | MALE | CAT C MASCULINA | | 00:23:52 |
| 48 | 8 | 36 | CASTRO LOBATO , MIGUEL | MALE | CAT C MASCULINA | CLUB OLIMPICO DE VEDRA | 00:23:52 |
| 49 | 22 | 34 | CASAL SANTOS , MARCOS | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:23:52 |
| 50 | 6 | 150 | REY PERNAS , JAIRO | MALE | CAT D MASCULINA | | 00:23:58 |
| 51 | 2 | 47 | DIZ DA ROCHA , SARAH CRISTINA | FEMALE | CAT C FEMENINA | | 00:24:10 |
| 52 | 9 | 114 | MOSQUERA FERNÁNDEZ , IAGO | MALE | CAT C MASCULINA | CLUB ATLETISMO A ESTRADA | 00:24:14 |
| 53 | 12 | 142 | PORTO ÁLVAREZ , JACOBO | MALE | CAT E MASCULINA | INDEPENDIENTE | 00:24:17 |
| 54 | 23 | 172 | TRIGO BAO , MANUEL | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:24:27 |
| 55 | 24 | 14 | BARRAL LAGO , ANTONIO | MALE | CAT F MASCULINA | | 00:24:29 |

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|------|--------|--------|--------------------------------------|--------|-----------------|--------------------------|----------|
| 56 | 10 | 94 | LORENZO CASTRO , NICO | MALE | CAT C MASCULINA | CLUB ATLETISMO A ESTRADA | 00:24:30 |
| 57 | 25 | 148 | RENDO LAREO , MANUEL | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:24:38 |
| 58 | 26 | 113 | MOSQUERA CARBÓN , FRANCISCO JAVIER | MALE | CAT F MASCULINA | CLUB ATLETISMO A ESTRADA | 00:24:53 |
| 59 | 27 | 118 | NEBRA GONZALEZ , FERNANDO | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:24:53 |
| 60 | 28 | 171 | TEMBRÁS ALONSO , DAVID | MALE | CAT F MASCULINA | DALLE GAS RUNNING TEAM | 00:24:57 |
| 61 | 13 | 121 | ORT , ANTON | MALE | CAT E MASCULINA | INDEPENDENT | 00:25:06 |
| 62 | 29 | 80 | GONZÁLEZ BUGALLO , JOSÉ ANGEL | MALE | CAT F MASCULINA | | 00:25:14 |
| 63 | 30 | 137 | PICALLO GARCÍA , JOSE CARLOS | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:25:18 |
| 64 | 14 | 139 | PICH , SERGIO | MALE | CAT E MASCULINA | INDEPENDENT | 00:25:20 |
| 65 | 31 | 86 | IGLESIAS CASAL , RICARDO | MALE | CAT F MASCULINA | NOITEBRA | 00:25:29 |
| 66 | 32 | 167 | SOUTO LUSQUIÑOS , VICTOR | MALE | CAT F MASCULINA | O POSTE RUNNING CLUB | 00:25:51 |
| 67 | 15 | 72 | GARCIA REY , FIDEL | MALE | CAT E MASCULINA | | 00:25:55 |
| 68 | 33 | 97 | LUAÑA LOUZAO , PEDRO | MALE | CAT F MASCULINA | | 00:25:59 |
| 69 | 16 | 61 | GARCIA , DARIO | MALE | CAT E MASCULINA | INDEPENDIENTE | 00:26:01 |
| 70 | 34 | 99 | MALLO NIEVES , JOSE MANUEL | MALE | CAT F MASCULINA | TARTARUGAS | 00:26:17 |
| 71 | 35 | 164 | SARANDESES PAZOS , AGA | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:26:21 |
| 72 | 2 | 155 | RODRÍGUEZ DEL RÍO , MARÍA DEL CARMEN | FEMALE | CAT F FEMENINA | | 00:26:21 |
| 73 | 36 | 56 | FERNANDEZ OLIVEIRA , JUAN CARLOS | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:26:26 |
| 74 | 37 | 23 | CALDELAS CARRILLO , MARCOS | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:26:26 |
| 75 | 3 | 42 | CORRAL FRANCO , SONIA | FEMALE | CAT F FEMENINA | DALLE GAS RUNNING TEAM | 00:26:29 |
| 76 | 38 | 5 | ÁLVAREZ CASTRO , GABRIEL | MALE | CAT F MASCULINA | | 00:26:32 |
| 77 | 39 | 173 | VALIÑO CEREIJO , JOSE MANUEL | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:26:39 |
| 78 | 17 | 76 | GEY SEGADE , SANTIAGO MANUEL | MALE | CAT E MASCULINA | S.D. BARBANTIA RODA | 00:26:46 |
| 79 | 40 | 31 | CARBALLAL IGLESIAS , ALBERT | MALE | CAT F MASCULINA | EN ATTENTE DE PAIEMENT | 00:26:59 |
| 80 | 18 | 169 | SUEIRO MOURE , IVÁN | MALE | CAT E MASCULINA | | 00:27:00 |
| 81 | 7 | 134 | PEREIRA TAIBO , MARÍA | FEMALE | CAT D MASCULINA | CLUB OLÍMPICO DE VEDRA | 00:27:18 |
| 82 | 41 | 168 | SUÁREZ GIADÁS , JAVIER | MALE | CAT F MASCULINA | | 00:27:23 |
| 83 | 19 | 112 | MOR , RAFAEL | MALE | CAT E MASCULINA | INDEPENDENT | 00:27:24 |

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|------|--------|--------|------------------------------------|--------|-----------------|--|----------|
| 84 | 11 | 16 | BARREIRO CARBIA , LOIS | MALE | CAT C MASCULINA | | 00:27:25 |
| 85 | 42 | 158 | RODRIGUEZ FRAMIL , ALFONSO | MALE | CAT F MASCULINA | NOITEBRA | 00:27:28 |
| 86 | 43 | 77 | GIL BREA , JOSE ANTONIO | MALE | CAT F MASCULINA | NOITEBRA | 00:27:28 |
| 87 | 4 | 95 | LORENZO CHAO , BEATRIZ | FEMALE | CAT F FEMENINA | CDM VÉRTICE | 00:27:34 |
| 88 | 44 | 178 | VILLAR ÁLVAREZ , ALBERTO | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:27:36 |
| 89 | 20 | 62 | GARCÍA , VITOR | MALE | CAT E MASCULINA | | 00:27:38 |
| 90 | 45 | 53 | FEIJOO GARCÍA , LUIS | MALE | CAT F MASCULINA | TARTARUGAS | 00:27:39 |
| 91 | 46 | 181 | WILSON , MICHAEL | MALE | CAT F MASCULINA | | 00:27:49 |
| 92 | 2 | 107 | MELLA MONTOUTO , MARTINA | FEMALE | CAT E FEMENINA | | 00:27:58 |
| 93 | 47 | 3 | ALDAO PEREIRA , MARCOS | MALE | CAT F MASCULINA | | 00:28:10 |
| 94 | 21 | 129 | PENAS GARCIA , ÒSCAR | MALE | CAT E MASCULINA | PORCOS CELTAS | 00:28:34 |
| 95 | 3 | 108 | MIDÓN CEBEIRO , ALBA | FEMALE | CAT E FEMENINA | TRIBU TRAIL | 00:28:50 |
| 96 | 12 | 10 | ANDRADE PENEDO , GAEL | MALE | CAT C MASCULINA | | 00:28:51 |
| 97 | 48 | 82 | IGLESIAS , RUBEN | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:28:52 |
| 98 | 5 | 15 | BARREIRO ABUÍN , MARÍA | FEMALE | CAT F FEMENINA | INDEPENDIENTE | 00:29:23 |
| 99 | 49 | 70 | GARCÍA PIÑEIRO , DIEGO | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:29:23 |
| 100 | 22 | 83 | IGLESIAS ALCEDO , DANIEL | MALE | CAT E MASCULINA | INDEPENDIENTE | 00:29:42 |
| 101 | 6 | 174 | VALLADARES MILLÁN , LIDIA | FEMALE | CAT F FEMENINA | INDEPENDIENTE | 00:29:42 |
| 102 | 13 | 24 | CALVO VARELA , ANGEL | MALE | CAT C MASCULINA | INDEPENDIENTE | 00:30:04 |
| 103 | 50 | 45 | DEVESA PEQUENO , IGNACIO | MALE | CAT F MASCULINA | CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO | 00:30:06 |
| 104 | 23 | 64 | GARCIA CASTRO , MARTIN | MALE | CAT E MASCULINA | INDEPENDIENTE | 00:30:17 |
| 105 | 7 | 133 | PEREIRA PENA , MARTA | FEMALE | CAT F FEMENINA | | 00:30:35 |
| 106 | 8 | 143 | PRINI , CAROLINE | FEMALE | CAT F FEMENINA | INDEPENDIENTE | 00:30:39 |
| 107 | 51 | 71 | GARCÍA RAMOS , FERNANDO | MALE | CAT F MASCULINA | EOLO SON | 00:30:39 |
| 108 | 9 | 130 | PENIDE ALLER , CELÍA | FEMALE | CAT F FEMENINA | | 00:31:39 |
| 109 | 52 | 41 | CONSTENLA JUNQUERA , ANTONIO OSCAR | MALE | CAT F MASCULINA | CLUBE ATLETISMO SAR | 00:31:52 |
| 110 | 4 | 60 | FERNÁNDEZ SABORIDO , SARA | FEMALE | CAT E FEMENINA | INDEPENDIENTE | 00:31:54 |
| 111 | 53 | 33 | CASAL NEIRA , LINO | MALE | CAT F MASCULINA | | 00:31:56 |

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|------|--------|--------|---------------------------------------|--------|-----------------|--------------------------|----------|
| 112 | 54 | 89 | LAREO MOUGAN , JAVIER | MALE | CAT F MASCULINA | EOLO SON | 00:32:03 |
| 113 | 55 | 49 | DURÁN SOUTO , VALENTÍN | MALE | CAT F MASCULINA | EOLO SON | 00:32:03 |
| 114 | 10 | 2 | AGRELO COUSELO , MARÍA | FEMALE | CAT F FEMENINA | ATLETISMO +9 MORAÑA | 00:32:11 |
| 115 | 56 | 25 | CAMPOS FERRO , RUBÉN | MALE | CAT F MASCULINA | ATLETISMO +9 MORAÑA | 00:32:12 |
| 116 | 11 | 120 | NIETO GARCÍA , TERESA | FEMALE | CAT F FEMENINA | INDEPENDIENTE | 00:32:12 |
| 117 | 14 | 151 | REY PERNAS , LEO | MALE | CAT C MASCULINA | | 00:33:06 |
| 118 | 57 | 153 | RÍOS GIMÉNEZ , ADOLFO OMAR | MALE | CAT F MASCULINA | CLUBE ATLETISMO BOIMORTO | 00:33:06 |
| 119 | 3 | 161 | RODRÍGUEZ PEILLET , LAURA | FEMALE | CAT C FEMENINA | CLUB OLÍMPICO DE VEDRA | 00:33:35 |
| 120 | 4 | 162 | RODRIGUEZ SUÁREZ , MARTINA | FEMALE | CAT C FEMENINA | CLUB OLÍMPICO DE VEDRA | 00:33:35 |
| 121 | 12 | 51 | ESPIÑA GARRIDO , MARIA | FEMALE | CAT F FEMENINA | INDEPENDIENTE | 00:34:00 |
| 122 | 58 | 37 | CASTRO MARTINEZ , ALBERTO | MALE | CAT F MASCULINA | INDEPENDIENTE | 00:34:00 |
| 123 | 5 | 116 | MUNÍN GARCÍA , LARA | FEMALE | CAT E FEMENINA | INDEPENDIENTE | 00:34:05 |
| 124 | 13 | 78 | GOMEZ COSTOYA , RAQUEL | FEMALE | CAT F FEMENINA | | 00:34:13 |
| 125 | 14 | 101 | MARCANO CABRERA , MARTA | FEMALE | CAT F FEMENINA | | 00:37:04 |
| 126 | 59 | 59 | FERNANDEZ RODRIGUEZ , JOSE | MALE | CAT F MASCULINA | KORPORE | 00:37:23 |
| 127 | 5 | 8 | ÁLVAREZ LODEIRO , ALEJANDRA | FEMALE | CAT C FEMENINA | | 00:37:43 |
| 128 | 6 | 68 | GARCIA PEITEADO , NOA | FEMALE | CAT E FEMENINA | | 00:38:09 |
| 129 | 6 | 32 | CAROLLO FERNÁNDEZ , ICÍA | FEMALE | CAT C FEMENINA | INDEPENDIENTE | 00:43:17 |
| 130 | 15 | 127 | PAZOS GARCÍA , CRISTIANE | FEMALE | CAT F FEMENINA | | 00:46:49 |
| 131 | 16 | 67 | GARCÍA PAZOS-MAREQUE , MARIA DE JESUS | FEMALE | CAT F FEMENINA | | 00:46:50 |